



COUNSELING AND DIAGNOSTIC
CENTER OF WOODFIELD, LTD.

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ABOUT THE COUNSELING AND DIAGNOSTIC CENTER OF WOODFIELD, LTD. (CDCW)

The Counseling and Diagnostic Center of Woodfield, Ltd. (CDCW) is an outpatient psychotherapy practice dedicated to supporting the behavioral health and socialemotional well-being of individuals and families. Our multidisciplinary team—including psychologists, nurse practitioners, social workers, and other licensed providers brings extensive experience across the lifespan, serving children, adolescents, adults, and older adults. Each clinician delivers care tailored to the unique needs of every client.

At the heart of CDCW is a multidisciplinary team of highly skilled professionals. Our staff includes psychologists, prescribing providers, social workers, and other licensed professionals who bring deep clinical knowledge and specialized training to their work. With extensive experience across the lifespan—including with children, adolescents, adults, and older adults—our providers deliver personalized care tailored to each client’s needs.

CDCW provides interventions for a wide range of needs, from brief support to complex or high-acuity cases, including clients at risk of hospitalization or transitioning from higher levels of care. Our goal is to offer comprehensive, individualized treatment that fosters lasting stability and well-being.

Our Services Include:

- Individual, family, and group psychotherapy
- Medication management
- Comprehensive psychological assessments
- Neuropsychological assessments
- Diagnostic testing to guide individualized treatment planning
- Consultation with schools, hospitals, and other healthcare providers

All care at CDCW is evidence-based, ensuring safety, effectiveness, and coordination. Medication management emphasizes client education to empower informed decisions, while psychological and neuropsychological testing supports accurate diagnosis and personalized treatment planning.

Our clinicians are credentialed with the Illinois Department of Children and Family Services, serve as consultants to area hospitals, and are Medicare-eligible providers. We collaborate closely with primary care physicians, psychiatrists, school personnel, and other mental health professionals, and continue supporting clients whose medications are managed elsewhere.

Committed to clinical excellence and professional development, CDCW also serves as a training site for doctoral-level clinical psychology students, mentoring the next generation of mental health professionals.

