



## BENEFITS OF ASSESSMENT

Psychological and neuropsychological assessments offer **comprehensive insight** that can enhance mental wellness, learning, and daily functioning. By clarifying diagnoses, assessments help distinguish overlapping or co-occurring conditions, ensuring that treatment and interventions are targeted and effective.

Assessments provide guidance for therapy, educational planning, and care decisions, as well as guidance to target potential medication interventions, while also helping clients and families understand cognitive, emotional, and behavioral patterns. Establishing a baseline of functioning allows progress to be tracked over time, providing a clear picture of improvement and the effectiveness of interventions.



## TAKE CONTROL OF YOUR HEALTH & LEARNING

At CDCW, we provide **personalized, evidence-based assessments** that support understanding, growth, and informed decision-making. Each evaluation integrates testing, observation, and may include input from relevant sources to deliver a complete and actionable picture of functioning.

Clients and families receive **clear guidance** on therapy, education, or medical planning, empowering them to make informed decisions and take proactive steps toward wellness and success.



# CDCW

COUNSELING AND DIAGNOSTIC CENTER OF WOODFIELD, LTD.

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*All assessments are tailored to each individual's unique needs.*

# CDCW

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## COMPREHENSIVE PSYCHOLOGICAL & NEUROPSYCHOLOGICAL ASSESSMENTS

*Individualized, evidence-based evaluations across the lifespan*

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## WHAT IS AN ASSESSMENT?

Our evaluations are designed to deliver clear, structured, and concise understanding of an individual's current psychological functioning, encompassing cognitive abilities, emotional and behavioral health, and overall adaptive capacity. These assessments support differential diagnosis, clarify treatment needs, and inform therapeutic, medical, and educational planning.

These assessments combine **standardized testing, real-world observations, and may include input from caregivers, teachers, or other relevant sources.** Interviews and projective measures help clinicians understand personality traits, coping strategies, and patterns of thinking and behavior.

By gathering information from multiple sources, assessments deliver a **holistic picture** of functioning that supports diagnosis, guides treatment, and informs educational, medical, and therapeutic planning. They are tailored for **clients of all ages**, from children to older adults.



TESTING



## HOW IT WORKS

**Intake and Information Gathering** begins with reviewing a client's history, symptoms, and previous evaluations. Clinicians also gather information from caregivers, teachers, or other relevant sources to understand functioning in daily life.

**Testing and Observation** involve administering standardized measures of cognitive, academic, memory, executive, and emotional functioning, while observing behavior in clinical or natural settings. This combination ensures that both skills and real-world functioning are captured.

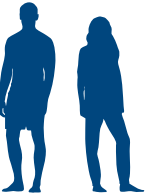
**Analysis and Feedback** integrates the results to provide a detailed understanding of strengths, challenges, and overall functioning. Clinicians discuss findings with clients and families, providing **clear, actionable recommendations** to support therapy, education, or medical care.



## WHO CAN BENEFIT

Assessments are valuable for individuals experiencing learning challenges, attention or executive functioning difficulties, emotional dysregulation, anxiety, or mood disorders. They are also critical for those with developmental or neurocognitive concerns, such as memory issues or brain injury, and for anyone needing clarification of a diagnosis or guidance for treatment planning.

Assessments are particularly helpful for children or adults struggling in school or work, individuals starting therapy or medication, and anyone seeking a clearer understanding of their abilities and needs.



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