



**THE COUNSELING AND DIAGNOSTIC CENTER OF WOODFIELD** responds to the client's needs in a professional, caring, clinically appropriate and cost-effective manner.

At all times, we strive to maintain a clinic atmosphere conducive to the development of mental health and happiness in each individual and in their interpersonal relationships.

We highly value collegiality and consultation, as well as the training and development of future clinicians.

We respond to the greater community and health care delivery system by providing various levels of care, special programs, consultation, prevention and education as indicated by need or request.



### TRAINING AND CONSULTATION AT CDCW

Given today's health care climate, CDCW emphasizes coordination with other health care professional on either mental health or physical health issues for the benefit of the client's overall well-being.

We provide follow-up therapeutic care for clients on medication prescribed by their primary care physicians.

As part of our ongoing commitment to clinical excellence and professional development, CDCW proudly serves as a **training site for doctoral-level students in clinical psychology**, mentoring the next generation of mental health professionals.



# CDCW

COUNSELING AND DIAGNOSTIC CENTER OF WOODFIELD, LTD.



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[www.cdcwoodfield.com](http://www.cdcwoodfield.com)

# CDCW

COUNSELING AND DIAGNOSTIC CENTER OF WOODFIELD, LTD.

**Dedicated To Improving the Behavioral Health and Social - Emotional Well-Being of Individuals and Families**

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# CDCW

COUNSELING AND DIAGNOSTIC  
CENTER OF WOODFIELD, LTD.

The Counseling and Diagnostic Center of Woodfield, Ltd. (CDCW) is an outpatient psychotherapy practice dedicated to improving the behavioral health and social-emotional lives of their clients.

At the heart of CDCW is a multidisciplinary team of highly skilled professionals. Our staff includes psychologists, prescribing providers, social workers, and other licensed professionals who bring deep clinical knowledge and specialized training to their work. With extensive experience across the lifespan—including with children, adolescents, adults, and older adults—our providers deliver personalized care tailored to each client's needs.

Our services include:

- Individual, family, couples, marriage and group psychotherapy
- Medication management
- Psychological assessments
- Neuropsychological assessments
- Consultation with schools, hospitals, and other healthcare providers

CDCW is recognized for its specialized medication management and psychological testing services, supporting accurate diagnosis, effective treatment planning, and optimal patient care. Our clinicians are credentialed with the Illinois Department of Children and Family Services, serve as consultants to area hospitals, and are Medicare-eligible providers.



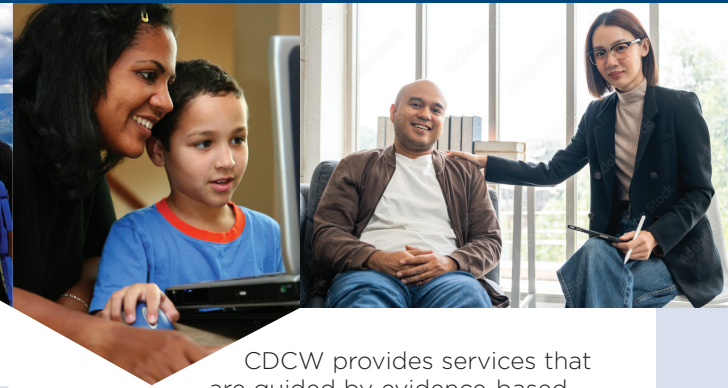
CDCW offers a full range of comprehensive diagnostic and treatment services offered in Individual, couples, family, and group modalities.

- Expertise in treatment of disorders including ADHD, autism spectrum disorder, developmental disorders, behavioral dysregulation, and many more.
- Medication Management.
- Psychological, neuropsychological, and educational assessments.

Expertise in treatment of disorders including:

- Anxiety
- Bipolar Disorders
- Bullying
- Depression
- Eating Disorders
- Learning and Cognitive Disorders
- Neurocognitive Disorders (Dementia, Alzheimer's)
- Obsessive-Compulsive Disorder (OCD)
- Physical and/or Sexual Abuse
- Personality Disorders
- Post-Partum
- Post-Traumatic Stress Disorder (PTSD)
- Psychotic Disorders (Schizophrenia, Schizoaffective Disorder)
- Self-Injury
- Substance Use Disorders
- Women's Issues

**Spanish & Polish Speaking Therapists Available**



CDCW provides services that are guided by evidence-based interventions across a broad spectrum of needs, from brief, solution-focused support to complex, high-acuity care. We serve individuals at risk of hospitalization and those transitioning from higher levels of care, delivering comprehensive, individualized treatment that promotes lasting stability, resilience, and overall well-being. Our clinicians utilize a collaborative, multidisciplinary approach to care, partnering closely with primary care physicians, psychiatrists, school personnel, and other mental health professionals to promote continuity of care and coordinated treatment planning. We provide comprehensive diagnostic services for referring medical providers and offer ongoing therapeutic support and follow-up care for clients whose medications are managed by their physicians. Regular communication with external providers and educational systems is incorporated to ensure integrated, consistent, and high-quality patient care.

CDCW provides a Sliding Fee Scale for clients meeting criteria.



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